

At Home Parachute Fun

Activity and Bible Chat

All you need is a blanket and a ball!

Read : Matthew 8:23-27
Or, for younger kids, read the story of "Jesus Calming the Storm" in a Storybook Bible.

Ask : What did the disciples do when everything around them was chaos? What makes you feel stressed or overwhelmed? What do you worry about?
How can you choose Christ over chaos?

Pray : Ask everyone what makes them worried or stressed. Then pray for peace in those areas.

Play : Grab a blanket or sheet and a ball (not too heavy.)
Have everyone grab the edge of the blanket and put the ball in the middle. Shake the blanket and watch the ball bounce around. When you say, "Peace, be still," everyone holds the blanket completely still.
Play this a few times and have the kids take turns telling the story as you play and say, "Peace, be still."